

# Terms of Use

## Terms of Use

### TERMS OF USE

Effective Date: March 22, 2025

These Terms of Use govern your access to and use of the [www.myndset-therapeutics.com](http://www.myndset-therapeutics.com) website and related tools, including members-only areas and self-guided resources. By using this site, you agree to the following terms:

#### 1. Purpose of the Site

The information, tools, and resources provided on this site are designed to support personal development, mental wellness, and education. Use of this website does not constitute a therapeutic relationship unless explicitly established through a signed agreement and formal clinical intake.

#### 2. Eligibility

By using this site, you confirm that:

- You are at least 18 years old, or using it under the supervision of a guardian
- You are accessing this site for personal wellness, education, or coaching support

#### 3. Use of Tools and Content

You agree to:

- Use all forms and tools for your personal, non-commercial purposes
- Not reproduce, share, or resell content from this site without written permission
- Use all resources ethically and with respect to yourself and others

#### 4. Professional Disclaimers

- The resources on this site are not a substitute for therapy, diagnosis, or crisis support
- Coaching and training services are not clinical services and are not regulated by state licensure boards
- If you are experiencing a mental health emergency, call 911 or a local crisis hotline

#### 5. Privacy & Confidentiality

You acknowledge and agree to the site's Privacy Policy, which outlines how your information is collected, stored, and used. Use of this site, especially members-only tools, implies your consent to our privacy practices.

#### 6. User Accounts

You may be required to create an account to access certain tools or members-only areas. You are responsible for keeping your login information secure.

We reserve the right to terminate accounts for misuse, inappropriate content submissions, or any behavior that violates ethical standards.

#### 7. Intellectual Property

All content on this site—including the STOP Method, Nervous System Tracker, graphics, and written resources—is the intellectual property of Tim Aiello, MA, LPC, NCC, ADHD-CCSP and Myndset Therapeutics, unless otherwise noted.

#### 8. Limitation of Liability

By using this site, you agree that Myndset Therapeutics is not liable for:

- Any decisions you make based on site content
- Technical issues, errors, or data loss
- Unauthorized access to user accounts

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### **9. Governing Law**

These terms are governed by the laws of the State of Michigan. Coaching and consulting services may fall under different jurisdictions based on client location.

### **10. Changes to These Terms**

These Terms may be updated at any time. Your continued use of the site implies your agreement to the most current version.