

Privacy Policy

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PRIVACY POLICY

Effective Date: March 22, 2025

Myndset Therapeutics, LLC
www.myndset-therapeutics.com

1. Overview

This Privacy Policy explains how Myndset Therapeutics ("we," "our," or "us") collects, uses, stores, and protects personal information, including Protected Health Information (PHI), when you access or use our website, online tools (such as the Nervous System Tracker), members-only areas, or any other services offered through www.myndset-therapeutics.com.

We are committed to safeguarding your privacy and protecting your data in alignment with HIPAA guidelines and professional ethics.

2. Information We Collect

We may collect the following types of information:

- Personal Information: Name, email address, contact info
- Protected Health Information (PHI): Emotional state, mental health reflections, nervous system check-ins, or other identifiable health information entered into tools/forms
- Automatically Collected Data: IP address, device/browser type, and usage patterns (collected through Wix or integrated analytics)
- Membership Info: Login credentials, form entries, and saved tracker data within your personal member area

3. How We Use Your Information

We may use your information to:

- Deliver member-only services and trackers
- Send email confirmations or reminders (via Wix automations)
- Improve our tools, services, and website experience
- Comply with ethical and legal obligations

We do not sell or share your information with third-party advertisers or marketing platforms.

4. Email and Communication

If you opt in, we may contact you through Wix Automations to:

- Send copies of your form submissions
- Share resources or wellness tips
- Notify you about updates to your member tools

You can unsubscribe from non-essential emails at any time.

5. Data Storage and Security

All data is securely stored using Wix.com's encrypted servers and internal security features. While we take reasonable precautions, no platform is 100% secure. By using this site, you acknowledge that transmission of information over the internet carries some risk.

If you are concerned about confidentiality, you may opt not to enter PHI into the online tools and instead discuss them

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during your sessions.

6. HIPAA Notice

Myndset Therapeutics complies with HIPAA standards related to the confidentiality of client PHI. However, our website and tracking tools are not intended to replace in-person clinical documentation systems. The tools provided here are for reflection, tracking, and therapeutic support-not diagnosis or formal assessment.

If you are an active therapy client, your official clinical records are kept separately in a secure, HIPAA-compliant system.

7. Third-Party Tools

Our website may contain embedded videos, links, or plugins that are governed by the privacy policies of those third parties.

8. Coaching, Consulting, and Trainings

Services provided outside of therapy, including coaching and consulting, are not covered under HIPAA. All personal information provided in these contexts will still be treated with high ethical standards and confidentiality.

9. User Rights

You have the right to:

- Request access to or deletion of your data
- Withdraw consent for email communications
- Request correction of any inaccurate information

To make any of these requests, please email: [Insert Your Professional Email]

10. Policy Updates

This Privacy Policy may be updated periodically. Continued use of the site indicates acceptance of the latest version.